

This is an Easter Season Ceremony based upon Reverend Christine Emmerling's original.

## Holy Saturday The Night of Transformation

By Reverend Roma Carlisle

Good Evening,

I welcome you.....

to The Night of the Transformation, also known as Holy Saturday. This is an evening of meditation, ritual, prayer, silence, and awakening. For those of you who don't know me, my name is \_\_\_\_\_  
\_\_\_\_\_. \_\_\_\_\_ and \_\_\_\_\_  
will be assisting me in the ceremony tonight.

This Holy Week is about the renewal and resurrection of eternal life. It is timed with spring which is a beautiful metaphor of our own resurrection. Tonight's work will prepare us for our Easter Sunday Celebration.

Holy Saturday is a very sacred evening following Good Friday and before Easter morning. It is the night in the tomb. The tomb represents the deep inner work that Jesus Christ went through to resurrect. Holy Saturday is often set aside for the initiating or baptism of those ready for the deeper commitment of doing transformative work and being of greater service to mankind.

Tomorrow, Easter morning, Newborn – alive, vital, and aware, with Pristine Beauty, on a Fresh new morning, we will awaken to the Life and the Light of the Christ within. The past is gone – healed and forgiven, in this...

The Holy Instant of Now.

Let us begin by forming a circle, and lighting the flames of Truth...Love...Light...and Life.

*(In the Circle)*

“O, Divine Master, grant that I may seek not so much to be consoled as to console, to be understood as to understand, to be loved as to love, for it is by giving that we receive, by pardoning that we are pardoned, and by dying to self that we are born into eternal life.” Amen

I'd like for us now to each speak one word  
of healing...

Now, please, find a comfortable spot and be seated.

If we wish to receive – we give, so....

Lovingly give your word of healing  
to the person on your left. You will be  
receiving a healing word from the person  
on your right.

I will begin...

In the ceremony tonight, we will work with Spirit to resurrect ourselves from the inner tomb of unconscious denial. To some degree, we have abdicated ourselves in order to fit in and belong, slain by the lies we tell ourselves in collusion with an unfeeling world. Tonight we will begin to release and heal these wounds.

At the time of Jesus' death, the temple veil of the Holy of Holies had been torn in two; this means that everyone can now commune directly with God, within their own heart and soul. The veil of the illusion of separation is no more.

Let us now enter into a brief meditation within our own body temples.

*(Music for this Meditation could be  
#1 of "Unspeakable Grace")*

**MEDITATION**

Head – 3rd eye – Faith - Light radiating  
Spine down to  
Arms  
Legs into feet  
Now see yourself in that light  
Trailing clouds of glory  
Swirl thru your belly, hips, and abdomen  
Bursts into every cell  
Alive  
Illumined  
Radiant with the Christ light  
The union of the mind and the heart in wisdom  
Heart to the Head in a figure 8  
See the point of crossing over at the throat  
A radiant star  
from which "The Word Of God" is spoken:

Repeat after me:

I AM that I AM  
I AM the Light of God  
I AM the Love of God  
I AM the Life of God  
I AM  
I AM  
I AM

When Christ Jesus was taken down from the cross he was given to his secret disciple, Joseph of Arimathea, and brought to the new tomb by Nicodemus. According to the Bible, Joseph prepared Jesus' body in the Jewish tradition with spices of myrrh and aloes, and then wrapped him in linen. This was a very loving act of a man who truly loved Jesus, and believed in his teachings that Jesus would arise in three days, in his newly resurrected body.

Tonight we will be using the oil of frankincense and myrrh to anoint one another.

We will be placing oil on the areas known as the five wounds. These are the portals of energy that had been opened up. They are the feet, the hands, and the forehead.

\_\_\_\_\_ will place a small amount of oil lovingly on the top of the feet, where the wound would be, on the palms of the hands, and the center of the forehead above the eyebrows.

The ritual of preparing the body for resurrection is a loving act of ministering and being ministered unto.

When all have been anointed, then we shall move into a meditation. This represents the time when Jesus went deep into the earth to release the lost and suffering souls. For us, this is the time to release that part of ourselves that may be lost or suffering.

If you choose not to participate in this process, as it becomes your turn, then just wave so that we know to pass over. Please remove your shoes and socks, if you wish to participate in the anointing of the feet. If there are shoes on, we will just go through the motion as if putting on the oil. I really want to encourage everyone to participate in this sacred ritual. At the end of our time together tonight, we will gently chant  
“Allelulia.”

Do you have any questions before we begin?..... Now, then let's get comfortable.

Father, Holy Spirit, this is your servant. I have prepared well these children of yours, and we are ready to release the beloved Christ, now, to carry forth your promises, to bring the light where there is darkness; to bring the light to every soul until all are awakened to your love, the love that joins all humanity together in the one life, bringing Heaven on Earth for a glorious new day. As your humble servant, I say, let Thy will be done.....Amen.

## Anointing Ceremony

Focus your awareness on your forehead,  
and affirm silently within:

In this moment now  
I release all thought.  
I am life eternal.  
I am pure Being.

(gong)

Now, focus your awareness on your hands.

I let go of the burdens,  
The pain and suffering from the past.  
It pours from my heart  
and out through my hands.

In this moment now.... I release...

I am life itself.  
I am love.

(gong)

Now, focus your awareness on your feet.

I step forward to claim my original destiny.  
I am anchored in the truth,  
and in the eternal moment of now.  
Purified in the flame of eternal life,  
I now live a new life in Christ.

(gong)

Thru the grace and the power of God Almighty,

It is so, and so it is.

Amen

*(Music for the Anointing:  
#9 of "Unspeakable Grace")*

ANOINTING MEDITATION

You are now alone in the tomb. Your soul is free to travel to the deep levels of the earth, and can begin the transformative work. Let your light shine forth to awaken and free the suffering and sleeping parts of yourself, and then, bring All into the Light of the Christ.

*(Music of the Tomb - #6 "Ixlandia" 7:20)*

SILENCE

*(gong 3x's)*

hmmm's 2x's:

fa – doh

fa – doh

fa – soh – fa

sing: ALLELULIA!

*(as each person receives an egg)*

Go in Peace, and sleep gently in the arms of love,  
holding the Promise of a new day in Christ.

“And The Day Star shall arise in your hearts.”

Good Night